2023

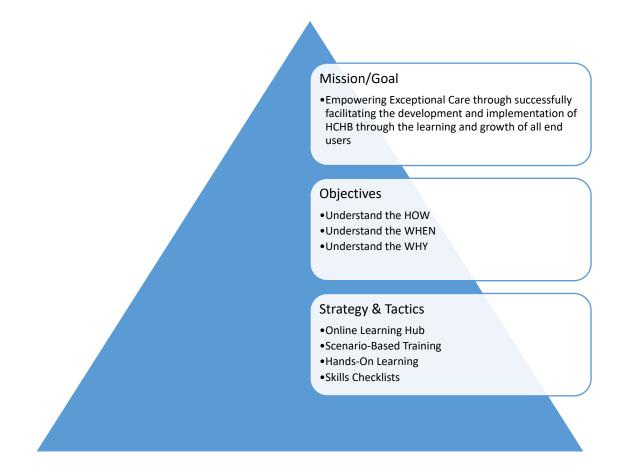
# **OT Evaluation Visit**

Homecare Homebase

HOMECARE HOMEBASE, LLC

### **OBJECTIVES OF LEARNING**

Your Company and Homecare Homebase are invested in your learning experience. Therefore, it is necessary we follow a set of strategies & tactics to achieve our objectives, which ultimately lead us to our overall goal through Empowering Exceptional Care.



- 1. **Mission / Goal:** Successfully facilitate the development and implementation of HCHB through the learning and growth of all end users
  - 1.1. **Objective:** User to understand HOW, WHEN, & WHY in using the system
    - 1.1.1. The HCHB new user should understand the basic functionality of the PointCare application upon completion of the Online Learning Hub curriculum.

- 1.1.2. The HCHB new user will understand how to properly begin their day and prepare before visits provided by the instructor by the end of this course.
- 1.1.3. The HCHB new user should understand how to properly develop a discipline-specific plan of care that drive future visits for the patient by the end of this course.
- 1.1.4. The HCHB new user will be able to identify the different components of a visit that will contribute to that patient's SOAP note by the end of this course.

### AGENDA ITEMS

Introduction					
• Who is my patient?	15 min				
• How do I start my day?					
Visit Actions					
Vital Signs					
• Diagnoses					
Physical Assessment					
• Pathways	180 min				
New Order					
Interventions / Goals					
Therapy Assess / Plan					
Therapy Goals / Status					
INCOMPLETE YOUR VISIT					
Visit Actions	5 min				
Mileage / Drive Time	5 11111				
Notes	10 min				
Agency Specific Note(s)?	10 min				
COMPLETE YOUR VISIT					

### **PATIENT CASE STUDY**

#### ASSESSMENT AND PLAN OF CURRENT VISIT

#### Vitals:

### HISTORY OF PRESENT ILLNESS

Patient is a woman being admitted for home care due to St. II Pressure Ulcer to left heel and need for wound significant for type 2 diabetes, hypertension, and nicotine dependence. According to patient's no cognitive issues or functional deficits prior to patient has been noted to have a good appetite and denies problems with sleeping or weight changes. She also denies any suicidal auditory issues.

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98.8
20
75
160 / 95

**Pain:** Patient complains of pain in LLE and foot with a subjective score of 7 out of 10 on a numeric scale. She states her pain is constant. We discuss pain control measures and how to take pain medications before pain gets intolerable.

**Functional:** Patient needs to increase strength, primarily in the core and proximal extremities. Patient has a lack of coordination with movements requiring training, decreased endurance, decreased balance and standing static and dynamic, decreased transfer and gait status. Patient agrees with the plan of care and discharge planning. Patient is in possession of adequate durable medical equipment in the home. She is wheelchair bound and requires maximum assistance for transfers, per the caregiver. Patient demonstrates 3/5 BUE strength with a long term goal of 3+/5. Patient is unable to roll self in bed without total assistance. Patient has required extensive assistance of one individual, but now she requires 2 individuals to assist in transfers, toileting, bathing, and dressing tasks. Patient self feeds. Our plan is to continue to address impairments in upper body strength by providing interventions in strengthening and caregiver education. There is a good rehabilitation potential to improve bed mobility.

Frequency: 1 visit per week for the first 30 days. Plan to discharge from discipline by day 30.

• Patient states she would prefer not to be seen on Wednesdays due to wound clinic visits

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#### M62.81 MUSCLE WEAKNESS (GENERALIZED)

#### THERAPY GOALS/STATUS

Bed Mobility (OT)	Status	STG	LTG
Roll to Side	Minimal Assist	Independent	Independent
Transfers (OT)	Status	STG	LTG
Toilet	Contact Guard Assist	Standby Assist	Independent
Balance (OT)	Status	STG	LTG
Static Standing	Poor – Requires Support to Maintain Balance	Fair – Requires Minimal Support	Good+
Dynamic Standing	Poor – Requires Support to Maintain Balance	Fair – Requires Minimal Support	Good+
Timed Up and Go (in seconds)	35	25	15
Wheelchair (OT)	Status	STG	LTG
Manual – Propel Level Surface Distance (in feet)	5	15	15
Self Care (OT)	Status	STG	LTG
Bathing/Showering Ability	Contact Guard Assist	Standby Assist	Independent
Dress Lower Body Ability	Minimal Assist	Modified Independent	Independent
Toileting	Contact Guard Assist	Minimal Assist	Independent

#### COORDINATION NOTES

SCHEDULER NOTIFICATION

CLINICAL

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### NOTES & QUESTIONS

Helpful Hint – Our Quick Reference Guides are available from any computer or tablet via the Online Learning Hub website using your internet browser at:

https://www.hchb-olh.com/page/resources