2023

# OT Subsequent Visit

Homecare Homebase



# **OBJECTIVES OF LEARNING**

Your Company and Homecare Homebase are invested in your learning experience. Therefore, it is necessary we follow a set of strategies & tactics to achieve our objectives, which ultimately lead us to our overall goal through Empowering Exceptional Care.

# Mission/Goal •Empowering Exceptional Care through successfully facilitating the development and implementation of HCHB through the learning and growth of all end users Objectives •Understand the HOW •Understand the WHEN •Understand the WHY Strategy & Tactics •Online Learning Hub •Scenario-Based Training •Hands-On Learning •Skills Checklists

- 1. **Mission / Goal:** Successfully facilitate the development and implementation of HCHB through the learning and growth of all end users
  - 1.1. Objective: User to understand HOW, WHEN, & WHY in using the system
    - 1.1.1. The HCHB new user should understand the basic functionality of the PointCare application upon completion of the Online Learning Hub curriculum.

- 1.1.2. The HCHB new user will be able to document against the desired Therapy Goals and Status and identify progress toward each goal by the end of this course.
- 1.1.3. The HCHB new user should understand where to identify the key components that determine discharge and how to write the discharge order for their discipline by the end of this course.

# **AGENDA ITEMS**

### Introduction

Who is my patient?

• How do I start my day?

15 min

### **Visit Actions**

- Unexpected Events / Therapy Reassessment Warning
- Mileage / Drive Time
- Vital Signs

Physical Assessment

45 min

- New Order
- Interventions / Goals
- Therapy Assess / Plan
- Therapy Goals / Status

## **PRN**

Client Complaint

5 min

### **Notes**

**Agency Specific Note(s)?** 

5 min

# **COMPLETE YOUR VISIT**

# **PATIENT CASE STUDY**

### ASSESSMENT AND PLAN OF CURRENT VISIT

**General:** Patient is awake, alert, and oriented to person, place, and time (AAOx3) with periods of confusion. Overall, patient is exhibiting signs of improvement in all areas.

### Vitals:

# HISTORY OF PRESENT ILLNESS

Patient is a woman being admitted for home care due to St. II Pressure Ulcer to left heel and need for wound management. Patient has significant for type 2 diabetes, hypertension, and nicotine dependence. According to patient's no cognitive issues or functional deficits prior to patient has been noted to have a good appetite and denies problems with sleeping or weight changes. She also denies any suicidal auditory issues.

Temperature	98.8
Respirations	20
Pulse	75
BP	160 / 95

**Cardiopulmonary:** Patient's lungs are diminished, but clear, and patient does not have a cough.

**Gastrointestinal:** Patient has no nausea, vomiting, or constipation.

**Functional:** Patient is homebound due to generalized weakness and a decline in function related to disease process. Patient also uses walker for ambulation and is at risk of falls. Patient uses walker boot to lower left extremity. Patient experienced a fall yesterday while husband, John, was at home. Patient will continue with designed plan of care in addition to sitting in wheelchair and attempting to practice sit to stand. Patient is pleasant and cooperative during treatment session. Patient performed with both upper extremities during the home exercise program with a yellow theraband in order to increase independence in activities of daily living. Patient performs static sitting balance activity with moderate assistance at the edge of her chair. We will address impairments in upper extremity strength by providing interventions in strengthening and caregiver education. Patient has a good rehabilitation potential to improve bed mobility and it seems all goals will be met by next week.

**Complaint:** Patient complains that the Home Health Aide who has been providing care is not giving them enough heads-up time prior to arriving at their home. They would like to have at least 30 minutes heads-up.

### RECOMMENDATIONS FROM CASE CONFERENCE

Patient is improving and meeting her goals, so we should adjust the Plan of Care accordingly. We need to discharge from OT services next week.

### THERAPY GOALS/STATUS

Functional (OT)			
Bed Mobility (OT)	Status	Carryover	
Roll to Side	Independent	N	
Transfers (OT)	Status	Carryover	
Toilet	Modified Independent	Y	

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	Status	Carryover
Timed Up and Go (in seconds)  Wheelchair (OT)	Status	Carryover
Timed Un and Go (in seconds)	Maintain Balance	V
Dynamic Standing	Poor – Requires Support to	Y
	Fair – Requires Minimal Support	Y

Self Care (OT)	Status	Carryover
Bathing/Showering Ability	Standby Assist	Υ
Dress Lower Body Ability	Modified Independent	Υ
Toileting	Minimal Assist	Υ

# **COORDINATION NOTES**

REQUEST TO ADD NEW PHYSICIAN
DEMOGRAPHIC CHANGE REQUEST

# **NOTES & QUESTIONS**

Helpful Hint - Our Quick Reference Guides are available from any computer or tablet via the Online Learning Hub website using your internet browser at: https://www.hchb-olh.com/page/resources